Healthcare workers face daunting challenges: budget crises, government mandates, difficult patient issues, and rapidly changing technology are just a few of the emerging issues. HealthCare EAP offers extensive resources to help healthcare workers deal with these and other professional challenges:

- Patient and Family Challenges
- Workplace Safety and Violence
- Social Media for Healthcare
- Money Saving Tools and Tips for Healthcare Workers
- Cultural Competency and Communication Challenges

To access this benefit, you can call the EAP or log on to the website, www.HealthCareEAP.com, for thousands of articles, videos and tools to help you resolve personal problems or improve your personal or professional life. Find trustworthy information on thousands of topics including:

- Adoption & Child Care
- Personal Finance
- Emotional Wellbeing
- Parenting
- Pets
- Physical Health & Wellness
- Legal Issues
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- Stress
- Elder Care & Child Care Locators
- Workplace & Family Violence
- Work-Life Balance
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• Thousands of Legal articles • 800,000 Child/Elder care providers • Personal Growth programs • Mental and Physical Health assessments • Financial tools and calculators • Career Development information • 900 Health videos • Plus, important new resources that include:

CAREGIVER CENTER
A vast array of tools designed to help those providing care for a chronically ill, disabled, or aging family member or friend.

TRAINING CENTER
Access to hundreds of personal and professional development trainings and courses.

LOCATORS
Search for child and elder care resources in your local area.

RESILIENCE JOURNEY
An interactive new benefit to help you develop your maximum potential, experience less stress, less depression and improve physical and emotional health.

ESI WELLNESS CENTER
Articles, health assessments, courses, videos, and FAQs related to dieting, nutrition, stress, smoking, and physical fitness.

TO ACCESS THE WEBSITE AND RESOURCES FOR EMPLOYEES

1. Log on to HealthCareEAP.com
2. Click Employee & Family Login
3. If you’ve already created a User Name and Password, simply enter that information in the appropriate boxes. If you have not registered, complete steps 4-7.
4. Click on REGISTER HERE
5. Enter your employer’s name and click Continue
6. Your employer’s name will appear; select the button and click Continue
7. Fill out the Registration Form and create your own User Name and Password, then click Continue. You only need to register once.

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