Resources and Helplines

Harvard T. H. Chan School of Public Health Resources
Students who are experiencing distress and seeking support may contact Colleen Cronin in Student Affairs at 617-432-1542 or ccronin@hsph.harvard.edu, or Harvard University Counseling and Mental Health Services at 617-495-2042 (617-495-5711 after hours).

Faculty and staff members may contact Linda Picard in Human Resources at lpicard@hsph.harvard.edu, Jennifer Ivers in Faculty Affairs at ivers@hsph.harvard.edu, or Harvard’s Employee Assistance Program at 877-327-4278 (877-EAP-HARV).

Harvard University Resources
Harvard University Counseling and Mental Health Services at 617-495-2042 (617-495-5711 after hours)
iHope Network services: https://camhs.huhs.harvard.edu/ihope-network
Students experiencing housing challenges can contact the Office for Student Affairs studentaffairs@hsph.harvard.edu

Partners HealthCare COVID-19 Hotline (open to the public): 617-724-7000

SAMHSA Disaster Distress Helpline: 1-800-985-5990

Massachusetts Department of Public Health: (617) 624-6000

Resources related to Psychological First Aid
National Center for PTSD Psychological First Aid guide
SAMHSA: Psychological First Aid for First Responders: Tips for Emergency and Disaster Response Workers
National Child Traumatic Stress Network Psychological First Aid

Resources for Domestic Violence
SafeLink: 24/7 Crisis Hotline: (877) 785-2020
Additional resources such as Transitional Living Programs and other statewide resources are available through mass.gov here.